



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



Communicable Disease Prevention Plan

Updated September 1, 2022

The purpose of this document is to:

Share and communicate Notre Dame Schools steps to maintain a safe and healthy school environment by minimizing the risk of spreading COVID-19 and other communicable diseases, and includes both ongoing measures (e.g. hand hygiene, cleaning) and additional measures to be implemented as advised by public health.

1) Public Entry / Access to School

- a) Visitors are welcome following normal sign in procedures.
- b) A Plexiglass shield will remain at the office counter to provide continued protection.
- c) School gatherings and events
 - i) All school events and gatherings can return to 100% capacity.

2) Drop Off and Pick Up

- a) If students arrive late, students should come to the office and complete the regular sign in procedure.
- b) **Pick-Up:** Students will exit the school at 2:45 pm through the playground doors or assigned exit doors with their teacher and will be dismissed from there by their teacher.

When picking up your child, please respect the personal space and comfort level of others. When having to bring other children on to the playground please ensure they remain with you.

Parking Lot Safety:

The Notre Dame Staff Parking lot will be closed at the beginning and the end of the day for student safety. The large gate at the parking lot will be open for students to exit. This will allow for easier student exiting at the end of the day. **Please park along the road** and walk to the gates or have your child meet you at the sidewalk. Thank you for your support in this safety issue.

Step-Up and Ride & Mile Zero Bus students will go out onto the playground and will meet a designated teacher to walk to the front of the school to be picked up at the designated time.



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



3) Health Awareness: (BCCDC Guidance)

A health check means a person regularly checking to ensure they (or their child) are not experiencing symptoms of illness (including but not limited to [COVID-19 symptoms](#)) that would limit their ability to participate fully in regular activities before coming to school to prevent spread of communicable diseases, such as COVID-19, within school settings. (Schools do not need to monitor students or staff for symptoms of illness)

- a) All staff, other adults entering the school, parents, caregivers, and students should not come to school sick and when unable to participate fully in routine activities. Those who are exhibiting new symptoms of illness (including symptoms of [COVID-19](#) or gastrointestinal illness) should stay home and follow the BCCDC guidance.
- b) All staff, other adults entering the school, parents, caregivers, and students should complete the daily health check before entering the school.
- c) The [When to Get Tested for COVID-19 resource](#) or the [B.C. Self Assessment Tool](#) provides more information on whether you should get a test for COVID-19. Those unsure or concerned about their symptoms should connect with a health care provider or call 8-1-1.
- d) If a student/staff/visitor is required to self-isolate, they must stay home following the guidance of the [BCCDC website](#) as to how long they should self-isolate.
- e) A health-care provider note (i.e. a doctor's note) is not required to confirm the health status of any individual, beyond those required to support medical accommodation as per usual practices.
- f) If tested for COVID-19 and positive, all staff/students will stay home and can end their self-isolation returning to school when they no longer have to self-isolate as long as symptoms have improved, and they are well enough to participate in regular activities. See the [BCCDC website for guidance on when to return after self-isolating](#).
- g) Staff, children, or other persons can attend school if their symptoms are consistent with a previously diagnosed health condition (e.g.: seasonal allergies) or symptoms have improved enough to where they feel well enough to return to regular activities and their fever has resolved without the use of fever-reducing medication (e.g. ibuprofen, acetaminophen).

4.) Students/Staff who Develop Symptoms while at School

- a) Notre Dame school will continue to have non-medical mask for those students/staff who would like one if they are experiencing respiratory symptoms and would like to wear one.
- b) The symptomatic student will immediately be separated from others and moved to a supervised area and cared for safely (medical room, with the Meeting room designated as an alternate medical room).
- c) The student's parent / caregiver will be contacted to pick up the student as soon as possible. Those who cannot be picked up right away will be provided a place to wait comfortably and will be separated from others.



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



- d) Supervising staff can choose to wear a mask and/or face shield.
- e) Staff will avoid touching the student's body fluids. If they do, diligent hand hygiene will be practiced.
- f) After the student is picked up, staff will practice diligent hand hygiene.
- g) Staff will clean and disinfect the space where the student was separated (sick room) and any other areas used by the student.
- h) The school will request that the individual stay home until symptoms have improved and they feel well enough to participate in all school-related activities.

4.) Hand Hygiene: (BCCDC Guidance)

- i) Notre Dame school will facilitate regular opportunities for students and staff to wash their hands (e.g., upon entry to classrooms, recess breaks, lunch hour break, etc.).
- j) Hand-washing supplies are available at all times (soap, clean towels, paper towels, 60% alcohol-based hand sanitizer).
- k) Handwashing signs are posted near all sinks. All staff will wash their hands frequently to reduce the risk of transmission.
- l) Other hygiene practice signage is posted (see resources from Work Safe BC).

5.) Respiratory Etiquette: (BCCDC Guidance)

- a. Staff can teach and reinforce good respiratory etiquette practices among students, including:
 - i. Cough or sneeze into their elbow or a tissue. Throw away used tissues and immediately perform hand hygiene.
 - ii. Refrain from touching their eyes, nose, or mouth with unwashed hands.
 - iii. Refrain from sharing any food, drinks, unwashed utensils.

6.) Student Management: Personal Space

- a. Students are reminded to respect others' personal space. (the distance from which a person feels comfortable being next to another person).
- b. Staff will use available space to spread people out, both in learning environments and for gatherings and events where possible.
- c. Classrooms will have designated entrance and exit doors where possible.
- d. Classroom and learning environments configurations and activities can return to what best meets learner needs and preferred educational approaches, strategies will still be implemented to help create space between people.
- e. Strategies will continue to be implemented that prevent crowding during class transitions and break times.



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



7.) School Structure / Organization:

- a. Morning recess break will continue to be staggered:
 - 1st Recess – 10:15-10:30, Grades 2, 3, 5, 7
 - 2nd Recess – 10:30 – 10:45, Grades K, 1, 4, 6
- b. Lunch recess will be an opportunity for the whole school to be outside together. Students are encouraged to respect the personal space and comfort level of others.
- c. Washroom stalls will be divided for primary and intermediate students. Students no longer have to line up outside the washroom.
- d. Hallway traffic will follow the “rules of the road”.

8.) Staff Management: Physical Distancing and Masks

- a. Staff are asked to continue to respect the personal space and comfort level of others. The decision to wear a mask or face covering is a personal choice for staff. A person’s choice should be supported and respected.

9.) Cleaning / Disinfecting

- a. Common, commercially-available detergents and disinfectant products are being used.
- b. Frequently touched surfaces are cleaned and disinfected at least once in a 24 hour period, including (but not limited to) door knobs, light switches, toilet handles, tables, desks, chairs, stair railings, water fountains, office barrier and shared office spaces. Notre Dame’s custodian will follow the regular schedule of cleaning frequently touched surfaces at recess, lunch, and after school.
- c. Garbage containers are emptied daily.
- d. General Cleaning of Notre Dame premises is in accordance with the BC CDC’s Cleaning and Disinfecting for Public Settings (http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf).
- e. When cleaning and disinfecting bodily fluids (e.g., runny nose, vomit, stool, urine):
 - i. Wear disposable gloves when cleaning blood or body fluids.
 - ii. Wash hands before wearing and after removing gloves.
 - iii. Follow regular health and safety procedures and regularly used PPE (e.g., gloves, protective or woven sleeves) for blood and bodily fluids (e.g., toileting, spitting, biting).

10.) General Ventilation and Air Circulation (BCCDC Guidance)

- a. Notre Dame will continue to ensure all mechanical heating, and ventilation are designed, operated, and maintained as per standards and specifications for ongoing comfort of workers, and that they are working properly.
- b. Open windows when the weather permits if it doesn’t impact the functioning or ventilation systems.



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



c. All Notre Dame classrooms have HEPA filtration units.

11.) Communication

- a. Notre Dame will maintain contact with Northern Health as directed.
- b. Monthly health and safety meetings will be held to review workplace practices and safety for all.
- c. Daily check-in meetings with staff are held to provide new information and review concerns.
- d. Notre Dame School is keeping parents / caregivers informed about extra precautions occurring in the school setting.
- e. All information relating to communicable diseases is posted on the school [website](#).

12.) Masks

- a. Wearing a mask or face covering is a personal choice for all. A person's choice should be supported and respected.

13.) Music/Physical & Health Education/other Shared Equipment Programs

- a. Students should be encouraged to practice proper hand hygiene before and after shared equipment use (e.g. before and after a sports game using a shared ball), as well as proper respiratory etiquette.
- b. Equipment that touches the mouth (e.g. instrument mouth pieces, water bottles, utensils) or has been in contact with bodily fluids should not be shared unless cleaned and disinfected in between uses.

14.) Sharing Food, Beverages & Other Items That Touch The Mouth

- a. Staff and students should be encouraged to not share items that come in contact with the mouth (e.g., food, drinks, unwashed utensils).
- b. Shared-use items that touch the mouth should be cleaned and disinfected between use by different individuals (e.g., water bottles, instrument mouth pieces).

15.) Vaccinations

- a. For your information, please go to the [Northern Health website](#) for times and locations for vaccinations. The Northern Health Clinic and Information line is 1-844-645-7811.

16.) Field Trips

- a. When planning field trips, staff should follow existing policies and procedures as well as the guide lines below:



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



- Follow the guidance provided for overnight camps from [BCCDC](#) and the [BC Camps Association](#) when planning overnight trips that include group accommodation.

17.) School Libraries/Learning Commons

- a. Regular book browsing and circulation processes can occur as per routine practice.\)

18.) Key Contacts, Additional Resources & Links

- Board of education questions regarding collective agreements or employment related matters can be directed to the [BC Public School Employers' Association](#).
- Medical Health Officer Contact Information by Health Authority (*general inquiries*): ○
Northern Health T: (250) 565-2000 E: healthyschools@northernhealth.ca
- [Indigenous Education in British Columbia](#)
- [BC Tripartite Education Teaching Tools and Resources](#)
- [WorkSafeBC Communicable disease prevention: \(G-P2-21\)](#)
- [WorkSafeBC Communicable disease prevention: A guide for non-healthcare employers](#)
- [WorkSafeBC Managing the mental health effects of COVID-19 in the workplace: A guide for employers](#)
- [WorkSafeBC Addressing the mental health effects of COVID-19 in the workplace: A guide for workers](#)
- [Building Compassionate Communities in a New Normal - webinar](#)
- [Linda O'Neill – Trauma Informed in the Classroom](#)
- [MCFD: Healing Families, Helping Systems: A Trauma-Informed Practice Guide for Working with Children, Youth and Families](#)
- [North American Centre for Threat Assessment & Trauma Response: Education as a Special Consideration](#)
- [Office of the Provincial Health Officer](#)
- [Recommendations for Access to Library Learning Commons Resources to Meet COVID-19 Requirements.](#)