

Mrs. Mackrell's Physical Education Routines, Rules, and Discipline

In order to provide all students with a safe and positive learning environment we will be following the discipline plan that will be in effect at all times during Physical Education.

During PE class, all students will be familiar with the following routines:

Spots- At the beginning of the year each student will pick a spot on the floor (this is their spot for the term, changing each term). The purpose of the spot is to get the students attention quickly for a moment to go over any rules/changes to activities. To get the students attention, the teacher will yell out "spots" and everyone will go to their designated spots.

Freeze- When the teacher yells out "freeze" the students will freeze until the teacher says "go/unfreeze". This will also include any talking. The purpose of freeze is to get students attention quickly without having them move.

Rules:

- Be an Active Listener & Follow Routine
- Be Positive, Friendly, and Respectful
- Be Responsible: use equipment properly and safely
- Be your Personal Best
- Be FIT and Have Fun

Consequences:

- **Warning (minor)-** Student will be reminded in a positive way that what they are doing is not acceptable.
- **Minor but Ongoing Issue-** Student must fill out a "think" sheet and student will bring it home to get signed and returned the next day.
- **Repeated Disruption (Ongoing Issue)-** Call home to Parents/Guardians- Make a plan for change.
- **Send to Office-** Report to the Principal to be dealt with according to school policy.