



NOTRE DAME SCHOOL

925-104th Ave. Dawson Creek, BC, V1G 2H8

Phone: 250-782-4923 Fax: 250-782-4388

www.notredameschool.ca

notredame@cispg.ca



Health Check Agreement Form

In order to support the safety and well-being of all students and staff during COVID-19 Pandemic and the Ministry of Education's reopening plan of Stage 2 in September 2020, it is imperative that all families complete a mandatory health check on a daily basis. An example of a daily health check is provided below:

Daily Health Check			
	Do you have any of the following new key symptoms?	Circle One	
1. Key Symptoms of Illness	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	Yes	No
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a **COVID-19 test** is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 **test is recommended but is not done** because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).



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If you answered “YES” to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

A health-care provider notes (i.e. a doctor’s note) should not be required to confirm the health status of any individual.

I _____ (Parent/Guardian) have fully read and understand the above information in regard to the daily health checks. By signing below, I _____ (Parent/Guardian) agree that I will complete a daily health check of my child(ren) who attend Notre Dame School, and by dropping my child(ren) off in the mornings, I am verifying that this health check has been completed.

Parent/Guardian Signature: _____

Date: _____

Please sign and submit to the school by Friday, September 18, 2020. If you have the option of scan/email, please try to utilize it for submission at notredame@cispg.ca

Health Check was updated on September 11, 2020 by BC CDC.